



the market

Week Five

Monday
6/22/2026

Tuesday
6/23/2026

Wednesday
6/24/2026

Thursday
6/25/2026

Friday
6/26/2026

Saturday
6/27/2026

Sunday
6/27/2026

Soup of the Day

Action Station

Culinary Exchange

Specialty Sub WFPB

Pizza

Gumbo Italian 5 bean *GF	Chicken Enchiladas Vegetable & Wild Rice *GF	Ham and Potato Tomato Basil	Menudo White bean	Clam Chowder Lentil	Chef's choice	Chef's Choice
Sliders	Fajita Station	Create Your Own Pasta	Chopped Brisket Sandwich	Thai Budha Bowl	---	---
Montreal roasted Chicken Roasted Red Potatoes Smothered Pork Chops Carrots *GF Broccoli *GF Dinner Rolls	Beef Enchiladas Shrimp Taco/ Mango salsa Cilantro Lime Rice *GF Ejotes a la Mexicana jalapeno zucchini *GF Tortillas	Szechuan chicken Garlic Ginger Glazed Pork Fried Rice Steamed broccoli Stir fry carrot and cabbage *GF Garlic Breadsticks	Beef pot roast Tuscan Salmon Mashed Potatoes Steamed Carrots Green beans almondine	Parmesan Crusted Chicken *GF Grilled Steak, chimichurri Asparagus California Vegetables *GF Roasted Red Potatoes *GF Dinner Rolls	Hot Dog Chili *GF	Chef's Choice *GF
Plant based Spaghetti and Meatballs	Miso Glazed Tofu/w Brown Rice	Indonesian Peanut Tempeh Stir-Fry	Sumac Tofu with Chickpea Ragout	White Bean & Artichoke Moussaka	---	---
Crab cake Po'boy	Roasted Vegetables with Hummus	Four Bean Hummus Wrap	Chicken Caesar Wrap	Eggplant and Mushroom Fajita Wrap		
Supreme Pizza	Ultimate Veggie Pizza	Calzones	Gluten Free Pizza with Cauliflower Crust *GF	Hawaiian Pizza		



Whole Food Plant Based (Vegan) is indicated with green font.



Gluten Free is indicated with an asterisk *GF and orange font after the food item